

Mental Health Experts at Your Fingertips

The University of Washington Psychiatry Consultation and Telepsychiatry (UW PCAT) program works to provide the very best in mental health care for patients throughout the Pacific Northwest. Increased access to psychiatry leads to earlier diagnosis, improved adherence to evidenced-based treatment, and better patient outcomes. PCAT leverages mental health experts at the UW to provide mental health consultation when and where you need it.

For nearly 20 years, we have partnered with communities, counties, states, health plans, and health care organizations to reach patients in need, to support practicing providers, and to train the next generation of mental health professionals for the Pacific Northwest and beyond. As part of the UW School of Medicine, we are the only academic psychiatry department in our five-state region and we are proud to serve the people who live here.

Please contact us to see how we can work together to meet the behavioral health needs of your patients.

“ *I have spent the majority of my career as a direct practice social worker working with homeless veterans suffering from dual diagnosis substance abuse and mental health disorders. I am very pleased to be working with UW PCAT to bridge the gap and provide psychiatric services to our patients in the acute care setting!* ”

Brandon Weiland, MSW
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Contact Us

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Increasing Access Psychiatry Consultation & Telepsychiatry (UW PCAT)

PSYCHIATRY & BEHAVIORAL SCIENCES

UNIVERSITY of WASHINGTON
School of Medicine

UW PCAT Services

Hospital-to-Hospital Consultation

Psychiatric consultation for patients admitted to a medical/surgical hospital for whom psychiatric consultation would be helpful.

- **Curbside consultation** for providers regarding psychiatric manifestations of medical conditions and mental health issues impacting hospital care.
- **Designated time** for patient consultations via videoconferencing, including "single bed certification."
- **On-site visit and training** on topics related to psychiatric care.

Outpatient Case Review

Weekly designated time given to a provider or team of providers spent on case review, consultation, didactic education and/or training.

Outpatient Direct Care

Weekly designated time to assess and evaluate patients directly, in collaboration with the PCP who manages patient care.

Integrated Care Plus Telepsychiatry

Combines integrated/collaborative care models with telepsychiatry for patients with mental health issues.

- **Curbside consultation** for inter-specialty consultation to the primary care team.
- **Designated time** for care management support for patients receiving behavioral health treatment. A telepsychiatry option allows direct interaction with the patient when needed.
- **Didactic education and/or training** may be requested and included in a collaborative agreement.

Fee Structure

Varies based on the service model. An annual fee is based on the following:

- Required availability schedule
- Estimated case volumes
- Designated time for telepsychiatric patient consultation
- Pre-determined number of consults per month, with potential per-consult fee billed for additional consults



Why Choose UW PCAT?

Telepsychiatry Experience

The UW Department of Psychiatry and Behavioral Sciences has a longstanding history of practice and innovation in telepsychiatric care. In any given year, we provide more than 10,000 telepsychiatry consultations in a variety of inpatient and outpatient settings throughout the region. Our work is based on decades of ongoing research on the best models to increase and improve effectiveness of behavioral health care in a diversity of settings and populations.

Academic Excellence

Our telepsychiatry program is rooted in a deep commitment to improve the health of the public through excellent clinical care, education and research. The psychiatrists you will work with draw upon all of the resources a large, academic department can offer. We are not a for-profit company, but a group of faculty whose mission is to improve access to effective mental health care.

Long-Term Commitment

We partner you with specific psychiatrists who work to establish an ongoing, collaborative relationship with the ultimate goal of helping you build and improve capacity for behavioral health care in your community. Our psychiatrists work closely with your staff to provide consultations, collaboration, support and mentoring that enables clinicians to practice at the top of their professional scope.

Flexible Options

Our fees are based on the consultation services you need, including an option for physician and staff training. See the full list of options on the left.

A Wealth of Expertise

Our experienced faculty offer expertise in numerous clinical challenges:

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|-------------------------------|--------------------------|
| Anxiety Disorders | Perinatal Mental Health |
| Bipolar Disorder | Psychopharmacology |
| Depressive Disorders | Psycho-Oncology |
| Delirium | Psychotic Disorders |
| Neurocognitive Disorders | Substance Use Disorders |
| Obsessive-Compulsive Disorder | Trauma-Related Disorders |

Additional Services

We offer additional, free services to providers that enhance the PCAT program including a weekly Psychiatry and Addictions Case Conference series (UW PACC), a perinatal psychiatry consultation line, and a child psychiatry consultation line (PAL).

Regional Pride

Our faculty members live and work in the Pacific Northwest, many having grown up and/or trained in our five-state region, and understand and appreciate your unique setting of care. They have a deep appreciation for the beauty and the diversity of our region and its people and work to provide effective mental health care to everyone who needs it. We want our patients to lead full and productive lives, our communities to thrive, and mental health care to be part of all health care.

We welcome your partnership!

Contact mhaccess@uw.edu for more information