



# UW PACC - ECHO: Psychiatry and Addictions Case Conference Series via Telehealth

The UW Psychiatry and Addictions Case Conference series (UW PACC-ECHO) is a **CME-accredited** program for providers who want to improve the mental health and addictions care for their patients.

Facilitated by UW Medicine psychiatrists and addictions experts, the program is designed to expand the mental health and addictions care capacity in Washington state.

Using **real-time, interactive video**, providers:

- Learn new approaches and skills
- Participate in in-depth clinical case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues
- Earn CME credits
- Have fun!



## Provider Testimonials

- *“The recommendations by the panel are often practical suggestions for better management of difficult cases.”*
- *“Wonderful service to rural communities and safety net clinics.”*
- *“This was so helpful. I really think my patient is going to get better care because of the input we got from this presentation. THANK YOU!”*

**WHEN:** Weekly online clinic\* held  
Thursdays, 12:00-1:30pm PST

**WHO:** Any primary care provider, mental health or addictions provider, or psychiatrist in WA State

**COST:** FREE  
(nominal fee for CME credits\*\*)

**REGISTER:** Visit [ictp.uw.edu/programs/uw-pacc](http://ictp.uw.edu/programs/uw-pacc) or email [uwpacc@uw.edu](mailto:uwpacc@uw.edu)

**SPONSOR:** UW Integrated Care Training Program, funded and supported by the Washington State Legislature through the Safety-Net Hospital Assessment, working to expand access to psychiatric services throughout the State of Washington

*\*New attendees welcome at any time – weekly attendance not required.*

*\*\*Please see back of flyer for CME information.*

## **CME Information for UW PACC - ECHO**

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of **70.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (Each session is 1.5 credits)

A nominal fee will be charged for those who wish to obtain CME credit.

### **Objectives**

*Upon completion of this activity, participants will know, recognize, apply, reflect on, and appreciate:*

1. How to screen and diagnose psychiatric and addiction disorders in primary care settings.
2. The differences between common presentations in primary care and in a typical psychiatry practice.
3. The use of evidence-based pharmacotherapies to treat psychiatric and addiction disorders in primary care settings.
4. How to develop a therapeutic approach to working with patients with complex and difficult symptoms.
5. How to use tools for monitoring response to treatment.
6. Current therapeutic approaches for relapse prevention in addiction treatment.
7. Key strategies for effective communication.

**The UW PACC-ECHO Curriculum will address the following topics. We welcome suggestions for additional topics.**

Addiction in Pregnancy	Depression	Psychiatric Polypharmacy
Addictions in Adolescents	Geriatric Mental Health	Psychosis
ADHD	Internet & Street Drugs	PTSD
Alcohol Use Disorder	Managing Difficult Patients	Sleep
Anxiety	Medical Marijuana	Stimulants
Benzodiazepines	Motivational Interviewing	Suicide
Bipolar Disorder	OCD	TBI
Chronic Pain	Opioids	The Drug Seeking Patient
Cognitive Disorders	Pediatric/Adolescent Depression & Anxiety	Tobacco Use Disorders
Collaborative Care	Personality Disorders	Urine Drug Testing

**UW PACC is part of UW Psychiatry's Integrated Care Training Program (ICTP)**

**For more information visit:** [ictp.uw.edu](http://ictp.uw.edu)

**For additional UW Medicine Telepsychiatry programs:**

[www.UWpsychiatry.org/ClinicalServices/ConsultationandTelepsychiatry](http://www.UWpsychiatry.org/ClinicalServices/ConsultationandTelepsychiatry)