



UW PACC

Psychiatry and Addictions Case Conference

UW Medicine | Psychiatry and Behavioral Sciences

ENGAGING THE RELUCTANT PATIENT

KARI A. STEPHENS, PHD

RICK RIES, MD

UNIVERSITY OF WASHINGTON



SPEAKER DISCLOSURES

✓ Any conflicts of interest?

OBJECTIVES

1. Address patient reluctance to engage in care
2. Demonstrate how to draw out relevant history to aid in treatment planning
3. Describe “tricks” of interviewing patients – what to do when a patient is angry and upset with providers

CASE: MEET KIRK

- 59 year old man, married, trucker
- Seeing his PCP for pain and back issues for the last year, has seen other providers in Utah and CA over the last 15 yrs for same issues
- Referred by his PCP to behavioral health provider in the clinic – to address mood and pain issues, PHQ-9 18
- Meds: Tylenol daily, tizanidine for back spasms

TO VOTE...

- Type your answer into the chat

UW PACC REGISTRATION

Please be sure that you have completed the full UW PACC series registration.

If you have not yet registered, please email uwpacc@uw.edu so we can send you a link.