

Population Mental Health and Integrated Care Fellowship

This fellowship at the University of Washington prepares fellows for population-based health care by educating fellows about health care systems, defining physician role within these systems, and developing skills that contribute to better mental health outcomes.

Participants in this program will develop the skills needed to provide effective mental health care to a variety of populations.

- **Leadership Skills**
- **Understanding Health Care Systems**
- **Clinical Skills**

Trainees can customize their experience and focus on specific clinical conditions or populations (such as Pediatrics or Perinatal).

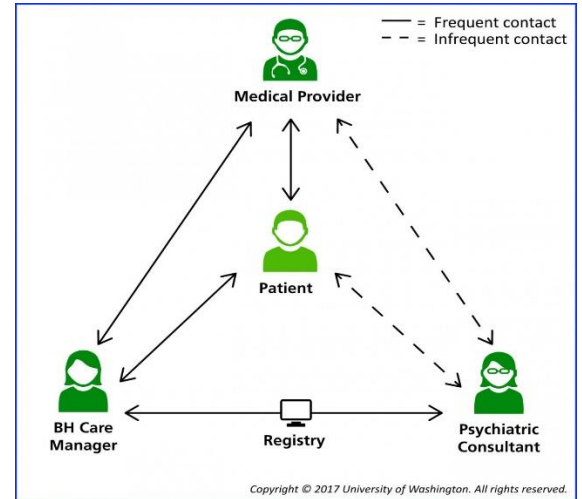
Training activities will include:

- **Clinical rotations** in the Collaborative Care Model (CoCM) and other consultation models
- **Quality improvement (QI) rotation** and work on a QI project with mentor/supervisor
- **Telepsychiatry rotation**
- High quality **online and in-person didactic series** focusing on clinical skills needed to practice in CoCM, health care systems and Implementation
- **Implementation rotation:** Steps involved in implementation of CoCM in primary care. Work with supervisor to implement CoCM in a primary care clinic in WA
- **Brief Behavioral (Psychotherapy) Intervention rotation**

"The ICTP fellowship led me to consider population-based health on a deeper level. I improved my clinical skills in primary care psychiatry issues and learned to better analyze systems-based barriers and gaps in mental healthcare.

After completing the fellowship, I have felt better prepared to help create integrated care solutions on a clinic- and systems-wide level. My fellowship experience has also led my colleagues to seek out my help on these issues, probably to a greater degree than if I did not have this formal training experience."

- Sara Haack, MD, MPH, 2016-17 Integrated Care Fellowship Graduate



2023 – 2024 Population Mental Health and Integrated Care Fellowship Application

REQUIREMENTS

Completion of an ACGME-accredited psychiatry residency training no later than July 1, 2023.

APPLICATION INFORMATION

Application materials are available at ictp.uw.edu/apply

QUESTIONS?

Please email uwictp@uw.edu or visit ictp.uw.edu/

SCAN FOR MORE INFORMATION

