

Mental Health Learning Series for PCPs (Cohort-Based, Certificate Available)



The University of Washington's Department of Psychiatry & Behavioral Sciences is excited to introduce a new learning series for PCPs. This is a six-month, cohort-based series designed to help PCPs enhance their knowledge, skills, and confidence in managing common mental health conditions in primary care.

TIME COMMITMENT:

- January 2025 – June 2025: 24 hours total
- Online self-paced activities: 3 hours per month
- Zoom call, (e.g., 12-1pm Tuesday): 1 hour per month

TOPICS COVERED:

- Mood Disorders (Depression, Bipolar)
- Anxiety Disorders
- Trauma
- ADHD

OBJECTIVES:

By the end of this learning series, participants will:

- learn the basics of brief, evidence-informed behavioral interventions for adult populations and for a range of common mental health conditions.
- Use the skills learned in this series during their appointments as needed.

Application Details

Deadline for next cohort: December 1, 2024

REQUIREMENTS:

- Active medical license
- Current practice
- Brief statement of interest
- Current CV

COST: Free for providers in Washington state

APPLICATION INFORMATION:

Visit <https://ictp.uw.edu/programs/apply-mental-health-learning-series-pcps>

QUESTIONS?

Email uwictp@uw.edu - attention Dr. Ramanpreet Toor