

Mental Health Learning Series for PCPs

Dates for Next Cohort

Dates		Details
Cohort begins:	1/10/2025	Access online, self-paced content. Submit assignments for CME credit.
Cohort ends:	7/11/2025	
Live Virtual Session 1:	2/10/2025	All live virtual sessions are scheduled for Mondays, 12-1pm Pacific time over Zoom. UW Faculty will facilitate these sessions.
Live Virtual Session 2:	3/10/2025	
Live Virtual Session 3:	4/28/2025	
Live Virtual Session 4:	6/2/2025	

Sample Curriculum Outline

Topic 1. Introduction

- General Approaches to Assessing Common Mental Health Conditions in Primary Care Settings
- Brief Psychological Interventions in the Context of Primary Care

Topic 2. Mood Disorders

- Assessment, Diagnosis and Pharmacological Treatment
- Brief Psychological Interventions & Mood Disorders
- Clinical Case Applications

Topic 3. Anxiety Disorders

- Assessment, Diagnosis and Pharmacological Treatment
- Brief Psychological Interventions & Anxiety Disorders
- Clinical Case Applications

Topic 4. Trauma

- Assessment, Diagnosis and Pharmacological Treatment
- Brief Psychological Interventions & Trauma
- Clinical Case Applications

Topic 5. ADHD

- Assessment, Diagnosis and Pharmacological Treatment
- Brief Psychological Interventions & ADHD
- Clinical Case Applications