#### Welcome and Sign-In

- Please sign-in by chatting
  - your name,
  - your organization
  - anyone else joining you today
- If you have not yet registered, please email <u>uwictp@uw.edu</u> and we will send you a link

#### **General Disclosures**

The University of Washington School of Medicine also gratefully acknowledges receipt of educational grant support for this activity from the Washington State Legislature through the Safety-Net Hospital Assessment, working to expand access to psychiatric services throughout Washington State.

#### **Planner Disclosures**

The following series planners have no relevant conflicts of interest to disclose:

- Denise Chang, MD
- Jessica Whitfield, MD, MPH
- Betsy Payn, MA, PMP
- Esther Solano
- Anna Ratzliff, MD PhD

### **Overview of Learning Collaborative**

#### • Audience:

- Psychiatric Consultants
- Working or hoping to work in integrated care settings

#### Goals:

- Provide ongoing integrated care education (CME available)
- Foster learning and support network
- Support sustainment of integrated care

#### • Structure:

- Monthly lunch hour on 2<sup>nd</sup> Tuesday
  - Didactic topic 20-30 mins
  - Open discussion remainder of time
- Topics repeat every 6 months

#### **Last Session will be June 2025**

Thank you all for attending and supporting UW PCLC!

#### **Alternatives to UW PCLC**

- UW PACC
- <u>UW Community-based Fellowship</u>
- Collaborative Care Community through APA
- Conferences:
  - <u>UW Integrated Care Conference</u>
  - Collaborative Family Healthcare Association (CFHA)
  - Academy of Consultation Liaison Psychiatry
  - American Psychiatric Association
  - Mental Health Services Conference

#### Resources

- AIMS Center office hours
- UW PACC
- Psychiatry Consultation Line
  - **–** (877) 927-7924
- Partnership Access Line (PAL)
  - **-** (866) 599-7257
- PAL for Moms
  - **-** (877) 725-4666
- UW TBI-BH ECHO

#### Reminders

- Please keep yourself on mute during the didactic
- If you have a question during the presentation (related to the topic or not) please type it in the chat

# **Updates on Financing an Integrated Care Program**

Sara Barker, MPH, Associate Director for Implementation, AIMS Center

#### **Speaker Disclosures**

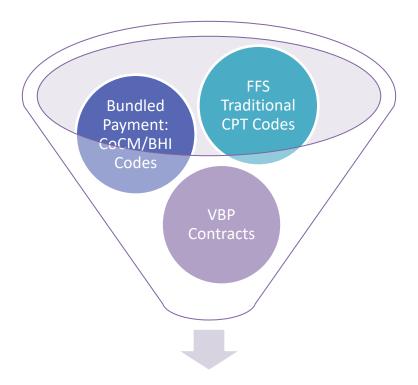
None

#### **Learning Objectives**

## By the end of this session, participants should be able to:

- Review current state for financing your integrated care program and future directions
- List new codes to finance an integrated care program in primary care
- Discuss strategies to sustain an integrated care program across the behavioral health ecosystem

#### Financing Strategy or Confusion?



Finance Strategy or ???

## Financing Strategies for Integrated Behavioral Health

- Traditional and New CPT codes
  - Screening, SBIRT, interprofessional consults, health and behavior, psychotherapy, and psychiatry codes
  - Variation by payer
- Team-based or bundled psychiatric CoCM codes
  - Medicare and WA Medicaid bundled payment for the CoCM team under the treating medical provider
  - Licensure requirements vary between Medicare vs. WA Medicaid WAC
  - Setting requirements may vary

### **Billing with CoCM Codes**

- Codes billed under medical provider as "incident to" under "general supervision"
- Codes pay for CoCM services provided by the BH Care Manager during a calendar month, based on minutes
- CoCM BH Care Manager need not be licensed to bill Medicare independently (qualifications vary by payer)
- May be billed in same month as traditional psychotherapy codes if no minutes are counted twice
- Prior to service/treatment:
  - Medical visit for patients not seen in last 12 months
  - Patient consent charted in visit note and verbally given by medical provider
  - Patient informed that Part B co-payments may apply

#### **Billing with CoCM Codes**

- Pays for services not billable under psychotherapy codes
  - Warm connection visits under 16 minutes
  - Brief phone calls with patient
  - Care coordination between team members or other BH providers
  - Systematic caseload review and consultation
  - Managing a registry
- Pays for any BH Diagnosis, including Substance Use Disorder

#### 2025 CPT® Codes for BHI/CoCM

СРТ	Description	Payment/Pt	Payment/Pt
Code		(Non-Facilities)	(Fac)
		Primary Care	Hospitals and
		Settings	Facilities
G2214	30 min/month for either initial or subsequent		
	months CoCM services		
		\$54.34	\$36.88
99492	Initial psych care mgmt, 70 min/month - CoCM	\$145.24	\$90.89
99493	Subsequent psych care mgmt, 60 min/month - CoCM	\$133.59	\$98.98
99494	Initial/subsequent psych care mgmt, additional 30		
	min CoCM		
		\$55.96	\$38.82
99484	Care mgmt. services, min 20 min – General BHI		
	Services		
		\$53.05	\$41.40

- Above CPT® codes cannot be billed by FQHCs or RHCs
- Geographic rates vary

#### 2025 FQHC/RHC CMS Codes

CPT Code	Description	Payment
99484	General Care Management Services - Minimum 20 min/month	\$54.67
G0512	Psychiatric CoCM - Minimum 70 min initial month and 60 min subsequent months	·
		\$139.41

- Medicare 2025 transition from G0511 to 99484
- G0512 is specific to CoCM services (99492 and 99493) – no add on code, no 30 minute only code
- Geographic rates vary

### 2024 Physician Fee Schedule

- LPCs, LMFTs, LMHCs independent psychotherapy billing and H&B billing
- New codes for SDOH assessments, community health integration and principal illness navigation services (CHWs, peers, navigators)!
- G0511 billing multiple care management codes

### **2024 Health Equity Services Codes**

- SDOH Assessment: G0136 (Medicare and WA Medicaid 2025)
- Community Health Integration: G0019 and G0022 (Medicare and WA Medicaid Soon)
- Principal Illness Navigation (PIN): G0023 and G0024 (Medicare and WA Medicaid Soon)
- Principal Illness Navigation (PIN) Peer Support: G0140 and G0146 (Medicare)

MLN: MLN9201074 - Health Equity Services in the 2024 Physician Fee Schedule Final Rule WA Medicaid: Community health worker Apple Health benefit fact sheet



#### 2024 BHI/CoCM Additional Updates

- MUE for 99494 Expanded to Four Units (check with other payers)
- Clarification that time rule applies (50% plus 1)
- Weekly Systematic Caseload Review with BHCM and Psychiatric Consultant

MLN909432 Behavioral Health Integration Services

#### 2025 Physician Fee Schedule

- Safety Planning Interventions and Follow-up Contacts
- Advanced Primary Care Management
- General Behavioral Health Integration for FQHCs/RHCs: G0511 to 99484
- Digital Mental Health Treatment Devices

### **Safety Planning Interventions**

G0560

- Must be done by licensed provider (primary care and BH) billing Medicare
- Can be billed in addition to E/M or psychotherapy code
- Billed in 20 minute units

## Post-Discharge Telephonic Follow-up Contacts Intervention

G0544

- Can be done by auxiliary staff incident to billing provider
- Billed monthly for 4 calls in a month (at least 1 real time telephone interaction to bill the code)
- Requires patient consent

#### **Advanced Primary Care Management**

G0556 G0557 G0558

- Level based on patient medical and social complexity
- Needs to have an initiating visit and consent
- Focus on care management
- No time thresholds

## **Digital Mental Health Treatment Devices**

G0552 G0553 G0554

- FDA approved device
- Billing provider incurs cost of furnishing the device
- Incident to professional BH services and used with a BH treatment plan

## Additional Codes to Consider for Financing your Integrated Care Program

- Interprofessional Codes
- Health and Behavior Codes
- Screening Codes
- SBIRT Codes

Basic-Coding-for-Integrated-BH.pdf

### **Takeaways**

- There are many strategies to finance integrated care programs in primary care. It is important to review what your payors cover!
- CMS has introduced new codes to provide options for payment for community health workers, navigators and peers!

#### **Finance Resources**

- AIMS Center Finance Resources: <u>Billing and</u> <u>Financing - AIMS Center</u>
- CMS MLN on Behavioral Health Integration: <u>MLN909432\_Behavioral\_Health\_Integration</u> <u>Services</u>
- CMS MLN on Health Equity Services:
   <u>MLN9201074 Health Equity Services in the 2024 Physician Fee Schedule Final Rule</u>

## Additional Free Resources for Washington State Healthcare Providers

\*No cost

#### **EDUCATIONAL SERIES:**

- AIMS Center office hours
- <u>UW Traumatic Brain Injury</u> Behavioral Health ECHO
- UW Psychiatry & Addictions Case Conference ECHO <u>UW PACC</u>
- UW TelePain series <u>About TelePain (washington.edu)</u>
- TeleBehavioral Health 101-201-301-401 <u>Telehealth Training & Support Harborview Behavioral Health Institute (uw.edu)</u> | <a href="mailto:bhinstitute@uw.edu">bhinstitute@uw.edu</a>

#### PROVIDER CONSULTATION LINES

- UW Pain & Opioid Provider Consultation Hotline <u>Consultation</u> (<u>washington.edu</u>) – 844-520-PAIN 7246)
- Psychiatry Consultation Line (877) 927-7924
- Partnership Access Line (PAL) (pediatric psychiatry) (866) 599-7257
- PAL for Moms (perinatal psychiatry) (877) 725-4666



#### **Integrated Care Training Program**

#### **Questions and Discussion**

Ask questions in the chat or unmute yourself

#### Registration

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